

I am a Credentialled Diabetes Educator with 30 years’ experience working with people with type 1 diabetes, type 2 diabetes and gestational diabetes. I work in collaboration with general practitioners and obstetricians to provide high quality diabetes care and education.

Each person’s diabetes is different so I use an individualised approach that includes the emotional, educational, clinical, medication, blood glucose monitoring and physical sides of diabetes self-management. People are shown how to check, think and act on their blood glucose levels for good health. As a CDE I can assess and approve access to BGM strips under the changes to the NDSS for people with type 2 diabetes not on insulin that take effect from 1 July 2016.

I focus on the practical things people can do to improve their health, using a range of unique resources that supports behaviour change to ensure active involvement in their diabetes care. This complements the input of a Practice Nurse. At the end of each session a letter summarising the advice provided and areas for further review are provided to the individual and their doctor. People benefit from 1-2 appointments with a diabetes educator each year to keep them on track to good diabetes health.

**Clinics are held at:**

* **41 Winchester St., Malvern**
* **1140 South Road, Clovelly Park (Southern Clinic)**
* **Pat Kaufmann Centre, Minda Campus, King George Ave., Brighton.**

Sessions cost $80 for a standard consult or $160 for initial gestational diabetes education. A Medicare reimbursement of $52.95 applies with a valid chronic disease management referral. DVA patients, people with disability and those experiencing financial stress are bulk billed.

**To refer** please fax the request for input into the patient’s GP Management Plan and TCA and/or referral form/letter to fax number **8271 0947.** I hope you will consider my services next time you see someone with diabetes or gestational diabetes.

Kind regards,



Jayne Lehmann BN(Ed) DipAppSc(Nsg) FRCNA RN CDE

Diabetes Nurse Specialist

**Want some help with your patients with diabetes?**